

Useful Hints

Woman and Home

Ethical Talks

Woman Knows More  
Why She Is More Than Match for Man.

By Louise Helgers.

Somewhere asked me the other day if I thought men knew more than women, or vice versa.

Of course, I said vice versa.

Even the silliest woman knows more than the cleverest man. I don't mean she knows more dead languages or philosophy or any other dry-as-dust old sciences—probably she can't even spell her own name, if it's a long one, without looking it up in the dictionary first, but in matters of sex, she has taken her degree with Mr. Man, still learning his A B C's in the love language.

Sex isn't everything, you say. Well, it's all that matters to a woman, anyway.

From her earliest youth, two words are firmly graven in her heart—man and dress. Dress, being, of course, merely a corollary to man.

Fact and Fiction.

The one attracts the other, as surely as the sun attracts the earth. Men make the world of fiction, but it takes a whole army of beauty culturists, dressmakers and milliners to make a woman.

It is in fiction you meet the girl who is disguised as a velvet-eared cankerworm, who falls in love with the miller's daughter because she looks like a rose in her simple gown, carrying a sack of flour easily in one snow-white hand.

In real life the miller's daughter would have tumbled hair and red arms, and the duke's son wouldn't look at her. On the stage, of course, when the miller's daughter is the latest thing in musical comedy girls, with \$50,000 worth of diamonds glistening on her plaster-of-paris neck, and the duke's son is hard up, his affection is quite understandable.

Woman More Than Match.

But it's appearance, not the less, that makes a man fall in love every time.

It takes such a little to bring on a man, and such a little, too, to put him off.

That is why a clever dressmaker is as good as a marriage broker. I can never understand why man should fall at her charges, inasmuch as it is for his special benefit that they are made.

It should make a man feel very proud to know that the fine modiste flourishes on his smile no less than on his cheek, and that all the beauty creams are invented for his undoing.

Perhaps he doesn't know it, though. As I said before, a woman is more than his match. She knows just where to stop telling him things. There are two things you should never tell a man—the truth about himself and the truth about yours.

That Sniffling Habit

By Antoinette Donnelly.

Is it ill breeding, thoughtlessness or selfishness that provides the reason for sniffles and snuffles? It is surprising the number of people who are afflicted with this unpleasant habit. The following letter from a correspondent of mine sounds the general attitude of people of refinement toward fault-finders who drift into the unfortunate family.

I wish very much you would draw attention to the bad habit of sniffing, which I think is most disagreeable and distracting to people with eyes and ears that are ordinarily sensitive.

It is a common habit. People who are afflicted in many other directions indulge in it when they have a cold. But no cold can justify such an disgusting noise as is made by sniffing and snuffling. You will see a person with only a slight cold make as much distressing noise with her nose as she possibly can, and do it complacently, too, as if she liked to draw attention and sympathy to herself in that way.

When I am with a sniffer—forced to hear her company for any length of time—I find myself wondering when the next snuffle or sniff will come with a distressing attention. It makes me nervous, too, when entertaining a caller to see her constantly rub her nose in the course of her conversation. I long to tell her to stop, but I can't. But no grown person can be spoken to in that way except through your department, and I am glad to have this outlet for my feelings.

MRS. H. E. A.

There is no reason why a woman troubled with a cold should not be some private comfort and live in good and hard. If necessary, let her excuse herself more than once. She will be a more welcome guest next time than if she disregards other people's nose senses with the snuffling habit.

The prevalence of nasal catarrh is responsible for much of this sniffling and also for hacking in the throat. Attention to nasal health is the first step toward overcoming this habit. Under this must be considered the clothing, food, ventilation and exercise. Nothing should be sufficiently warm to cause perspiration, cold and white shoes with socks thick enough to protect the feet are absolutely necessary. And remember, too, that it is not so much the matter of getting cold as it is of sitting in damp clothing.

Antoinette Donnelly's Answers.

Antoinette—I wish I could tell you how much you should worry, but you did not tell me how old you are. If you think you are too short and too stout to wear the skirts the modish length, why don't you adopt a length that would be becoming to you? I shall be glad to send you my dietary for reducing flesh if you will send me a stamped, addressed envelope.

Alma—The most frequent cause of impure breath is dyspepsia, indigestion, intestinal overwork, sedentary habits, and the holding of food also cause this disturbance. Chronic constipation, irritation of the mouth, nose, throat and lungs, and decayed teeth are responsible for the condition. You will have to learn the cause and then try to correct it. Have a dentist carefully examine your teeth, look well to the action of your bowels, and if you have any catarrhal symptoms consult a nose and throat specialist. Drinking plenty of water is excellent for cleansing the stomach and keeping it in good condition. I shall be happy to tell you my instructions for mouth hygiene and care of the teeth if you will send me a stamped, addressed envelope.

Daisy—No wonder you have more wrinkles than your mother, Daisy. No girl can be up until 1 o'clock in the morning 56 days in the year, with only six hours' sleep, without having it tell upon her health and strength and face. About the only thing you can do now is to commence to build up your health. Get ten hours' sleep every night, with plenty of fresh air in your bedroom, eat nourishing, fat-producing food, drink lots of water, and keep your bowels in a healthy condition. MRS.

Apple and Potato Gateau

Five apples, 1 cupful of sugar, ½ lemon, juice and grated rind, 2 baking potatoes, 2 eggs, 1 wineglassful of sherry, ½ cupful of apple jelly, ½ cupful of unsweetened custard.

Core and peel apples and place in double boiler with the sugar, lemon juice and rind. Remove skins from the potatoes (which have been baked) and rub the pulp through a sieve. Separate yolks and whites of eggs, beat thoroughly and add to apple pulp when cool. Add the potato pulp and sherry. Bake in greased mold. When done pour the apple jelly and custard over the pudding. The dish may be decorated with chopped pistachio nuts and candied cherries.

so your face each night with a good skin food. I shall be glad to send you my formula for skin food and instructions for facial massage, if you will send me a stamped, addressed envelope.

V. L.—The pores become enlarged because they become clogged with secretions. So the first thing to do is to use a face brush and pure soap to free the pores from the secretions. Scrub your face with hot water and soap, rinse off with warm water, then apply cold water. If possible, rub ice over the enlarged pores after scrubbing, as it is most effective in closing the pores and toning up the skin.

Pincushion Bouquet

Little Taffeta Boudoir Gift



Another little gift for the boudoir is the pincushion of taffeta. The ruffles and stem are of white taffeta, while the top is of pink or blue, with a bunch of French flowers.

Witch Hazel is one of the best astringents known. It is more effective when warmed. Apply with a piece of absorbent cotton night and morning. I shall be glad to send you my treatment for blackheads and pimples, if you will send me a stamped, addressed envelope.

Mildred—Yes, you are too thin. Mildred, a girl five feet three inches in height at sixteen should weigh 120 pounds. I am glad you made the first venture. Venture again, won't you?

Ideal School Lunch

By William Brady, M. D.

What would be the ideal lunch for a child of six to fifteen years of age to carry to school?

Half a pint of condensed or otherwise insured milk, in a vacuum bottle in the warmer season; two thin slices of well-baked, preferably home-baked bread, spread with a thick layer of butter and generously topped off with sugar, preferably brown sugar. The two slices may be clapped together and wrapped in some waxed paper. And for dessert—orange, an apple, a banana or any fresh fruit in season.

Every other day the child might carry some cold meat, perhaps two small sandwiches of scraped beef, chicken, mutton or bacon, instead of bread and butter and sugar. If meat and bread are carried, there is no need of milk. A drink of water would go better with meat, of course, no child under twelve should have any tea or coffee or cocoa, and it isn't necessary for any school child to carry these stimulants to school. On days when meat and bread takes the place of bread and butter and sugar, something in the way of sweets may be carried for dessert. A couple of small sugar cookies, or a piece of home-baked cake—no bakery stuff—or perhaps a stick of pure candy, about the only cheap candy that is fit to eat.

Pie, ham, tea, coffee, cocoa, puddings, sausage, any other than home-cooked meat or home-baked bread-stuffs, have no place in the school child's lunch.

Crackers, peas, beans, cheese, eggs and such preserves as mother herself knows are wholesome, make suitable additions to the lunch.

Questions and Answers.

The Milwaukee again—J. E. G. R. R. and A. C. C. have written enquiring of the juice of milkweed as a cure for warts. They applied the juice to the warts for periods of many days on end. The warts disappeared many weeks later.

Answer—A fair illustration of human credulity. Warts come and go, uninvited and untreated, and if you happen to cross your fingers a few weeks before the going of a wart you have discovered a new cure. Milwaukee would not do much good as a similar influence upon pneumonia, typhoid fever, diphtheria, or a boil on the neck. People seem to think there must be some cure for everything, why doesn't some one make the Infallible Essence of Milwaukee for Warts, Miseses, Coughs, Colds and Catarrhs?

Method in Our Madness—When I first began to read your articles, writes Mrs. W. L. C., I was inclined to think you were a cranky, unfeeling, insincere. Now I never miss anything you have to say. Take it as a compliment from a sister of two doctors and a mother of a good surgeon that Health Talks make a respected hearing in our home. I have heard several persons remark that your humor and satire and delightful style continue to make me, and my husband—and that means much.

Answer—If we laugh we laugh with reason. The world is full enough of one-man-band amusement and humor even in an attack of appendicitis.

Answer for Whooping Cough—Our two older children have whooping cough and the younger once have whooping cough. Will you please explain what you deem the best mode of treatment?

Answer—Have the doctor administer

One of Latest Fans

Odd and Pretty Design



Gowns that are different need fans that are different. Here is a fan both odd and beautiful. It is of cloth of silver with peacock lace tassels, with a mirror on one side.

the whooping-cough vaccine all around, both as treatment and as preventive, and keep the children outdoors as much as possible, and make their abdominal belts with an insertion of elastic webbing, for support.

Perspiring Feet—What is the best local application for perspiring feet? Answer—One good one is a solution of salicylic acid (one ounce) in alcohol (half pint)—apply once daily.

Household Hints

If your porch swing squeaks out the fingers from an old leather glove and slip one over each hook before putting on the chains.

The short ends of candles melted and mixed with equal parts of turpentine make a fine polish for hardwood floors.

A cupful of vinegar added to the water in which colored clothes are washed will often prevent the color from running.

If the aching tooth is hollow, fill the cavity with absorbent cotton saturated with vaseline and dipped in burnt ale.

DISAPPEARANCE CAUSES INTERNATIONAL MYSTERY

[Special to The Times-Dispatch.] NEW YORK, December 23.—The disappearance of Albert Bernard's famous painting, "Peace," has developed an international mystery. A dozen cables exchanged between Paris and New York to-day shed no light on the matter.

Of the half-dozen people connected with receiving the famous canvas, not one would positively state that the shipment had arrived in this country.

Although the painting was said to have arrived here on the French liner Espagne on December 4, the disappearance of the masterpiece was not made known until late last evening. At that time the police were notified by William Franklin Paris, trustee of the Museum of French Art, to whom it is said the picture was consigned. It is valued at \$200,000, and was insured for but one-tenth of that amount.

"Although the painting, 'Peace,' is said to be the chief piece of the exhibition for French relief that opens at the Ritz on January 2, the affair will be held as per schedule," Mr. Paris said to-day.

Mr. Paris was positive that the painting had been shipped on the Espagne. Officials of the American Express Company said they had no record of the painting having arrived in this country. At a late hour to-night the company was unable to get any cabined information from the Paris office.

Unsuccessful efforts were made by the French line to get in wireless communication with the Espagne at sea. The shipment does not show on the manifest of the Espagne, which is on file at the French line office.

The "Peace" painting was owned by the French government, and was painted at the order of the government for the International Peace Palace at The Hague. It was loaned to the French for exhibition in neutral countries to arouse sympathy for French benefits. The canvas is twenty-six feet high and eighteen feet wide.

[Special to The Times-Dispatch.] FREDERICKSBURG, Va., December 23.—Finney Lewis and Miss Ruth Davenport, daughter of Mr. and Mrs. C. E. Davenport, both of Spotsylvania county, were married here to-day in the parlor of the Princess Anne Hotel. Rev. R. Aubrey Williams, D. D., pastor of the Baptist Church, performing the ceremony.

Cooling Soothing For Itching Skins



Are Baths With Cuticura Soap

Especially when followed by gentle applications of Cuticura Ointment.

Samples Free by Mail

Cuticura Soap and Ointment, 32-cent boxes. Liberal sample of each mailed free with 32-cent box. Address post-card "Cuticura," Dept. 20, Boston.

VOTERS IN PETERSBURG  
NOW NUMBER ONLY 1,525

Less Than Usual Pay Poll Taxes to Vote in Election This Spring.

CRIMINAL CASES ARE MANY

Police Court Kept Busy, and Several Men and Women Will Face Grand Jury on Charges of Felony—Railway Yards Lighted.

[Special to The Times-Dispatch.] PETERSBURG, Va., December 23.—The number of persons who have paid the poll tax and have thus qualified themselves to vote for Mayor and members of the two branches of the Council in the spring election is estimated to be about 1,525, exclusive of Confederate veterans. The number is much smaller than usual.

In the Police Court.

The Police Court was in session for three hours this morning, disposing of a heavy docket. Two negroes were sent up to the Hustings Court on charges of felony, and a third was held for the Prince George authorities for a felony committed at Hopewell. Broderick, a white stranger, was sent to the grand jury for the charges of a watch and money from the person.

The felony cases are rapidly accumulating for the January term of the Hustings Court, and the jail is crowded with prisoners serving sentences and awaiting trial.

The two negro men and two negro women arrested yesterday and held on two or more charges of highway robbery and threatening, this morning had the hearing of their cases continued until December 29. In the meantime, the police are gathering evidence to prove strongly established their guilt. They have already been identified by two victims.

Yards Lighted Up.

The Norfolk and Western Railway has placed 400 lights in the freight yards in this city, from Fleet Street, on the west, to Second Street, on the east; and also in the new yards at Broadway, on the City Point Road. Last night the yards were lighted up, and made as bright as day, greatly facilitating the shifting of cars and the movements of workmen.

Marries Three Couples.

At his home in Washington Street yesterday afternoon, Rev. J. H. Wilkerson, pastor of Washington Street Methodist Church, married three couples.

Miss Marie McLean, of Richmond, and Harry Clinton Cox, of City Point; Miss Laura N. Avery, of Prince George, and J. H. Clements, of Chesapeake; and Miss Dorcas E. Price, of Petersburg, and Matthew C. Wachob, of Charlotte, N. C., were those married.

Rev. J. A. McClure, of the Second Presbyterian Church, yesterday united two couples in wedlock. Mrs. Edna Louise Stead, of Hartford, Conn., and George R. Sanborn, of Plymouth, N. H.; and Miss Fannie Sanborn and John Laaske, natives of Finland, who will live at Hopewell, were the brides.

At the home of the bride's parents, at Dinwiddie Courthouse, last evening, Mr. Southall, of the Episcopal Church, officiating, Miss Gracie Jackson and Adner Fisher were married.

Decision Reserved.

The argument on the demurrer to the evidence in the suit of Lovenstein against the Hartford Fire Insurance Company for \$2,000, which has occupied the attention of the Hustings Court for the past three days, was concluded last evening and the case was taken under advisement by Judge Mulliken. The decision will affect thirty or more insurance companies against which suits have been filed.

News Notes of Interest.

Several scores of little children were guests yesterday afternoon of the Junior King's Daughters at the Young Men's Christian Association. A beautiful Christmas tree was prepared for the little folk, from which presents were distributed.

The Real Estate Development and Construction Company last night entertained its salesmen and employees.

FOR CHRISTMAS

Why not give a little out of the ordinary—something that the recipient would sooner or later buy for himself? We can suggest a number of such.

SPECTACLES or EYE GLASSES

Spectacle wearers will appreciate a pair for special purposes, such as for Golf, Motoring, Shooting or Library use. Glasses purchased as presents will be exchanged to suit the eyes of the recipient without charge, but we have the prescription of most eye glass wearers on file.

OPERA or FIELD GLASSES

A suitable gift for almost any one.

MAGNIFIERS and READERS

A convenience for any home or office.

LONGNETTES

Mildly's way of using glasses when away from home.

THERMOMETERS or BAROMETERS

Too useful to require comment.

COMPASSES

For the Out-Door Man or Boy Scout.

KODAKS

The gift ideal. Priced from One Dollar up.

KODAK SUPPLIES

We have many things to please the Kodaker.

Talk over your gift problems with us. No obligation—of course.

The S. GALESKI Optical Co.

KODAK HEADQUARTERS

Main & 8th Sts. 223 E. Broad St.

seventy or more, at dinner, and distributed Christmas presents. Every employee was remembered. Every child who last night of Petersburg Council, Knights of Columbus, all business for the year was closed up, and the council was shown to be in good condition, financially and numerically.

It is stated that a number of workmen employed at the Du Pont plant will leave for their homes to-morrow not to return, used for many others in filling their places. As many people have also left Hopewell since the fire.

SALVATION ARMY TO GIVE CHRISTMAS DINNER

The Salvation Army will give its annual Christmas dinner to the poor of Richmond on Christmas Day. The annual dinner will be given at the Marshall High School.

For the past few weeks officials of the army have been making their calls for charity either by personal visits or by means of the Christmas Kettles, placed at crowded places on Main and Broad Streets. While the contributions have not been heavy in these kettles, there is a probability that many coins will find their way in the kettles to-day and to-morrow.

At the John Marshall High School the officials of the Salvation Army have been busy. The basement contains large stores of toys and candies for the children, as well as the other supplies to feed those who come to the Christmas dinner. A Christmas tree and time-honored Santa Claus will be a part of the program for the amusement of the children.

TRIES TO ESCAPE

[Special to The Times-Dispatch.] DANVILLE, Va., December 23.—On account of the large quantities of sugar, which are being shipped here for the Christmas season, the Southern Express office has been forced to open an annex for the sole purpose of dealing with these packages. During the past eight days 2,000 gallons have been received for local people.

BOOZE FLOWING IN

Danville People Receive 2,000 Gallons of Liquor in Eight Days.

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Memorial to Captain Bagby.

[Special to The Times-Dispatch.] FREDERICKSBURG, Va., December 23.—A memorial tablet to the late Captain Alexander Fleet Bagby, of Tappanhook, will be unveiled by Arlington Lodge, of Masons, at Millers, Va., on December 29. It will be presented by William F. Bagby, clerk of the Courts of King and Queen County, and received on behalf of Warshipful Master W. C. Reynolds, by W. J. Phillips, of Fredericksburg.

Ladd—Colvin.

[Special to The Times-Dispatch.] GOLDENSVILLE, Va., December 23.—Miss Maude Colvin and Elzie Ladd, both of Albemarle County, near Gordonsville, were married this morning at 10:30 o'clock.

ICE CREAM ON CHRISTMAS MENU AT ALL CHARITIES

Purity Corporation Undertakes to Supply Inmates of Institutions With Delicacy For Holiday.

No charitable institution in Richmond need omit ice cream from the Christmas dinner menu. The Purity Ice Cream Corporation is playing Santa Claus to the widows, orphans and other inmates of the numerous homes and hospitals and will distribute frozen sweets with a generous hand.

"I think I have them all on my list," said Manager L. H. Fill, who is doing the Kris Kringle stunt for the corporation, "but if there are any institutions we have failed to invite to eat ice cream with us I want to hear from them."

Here is the invitation sent out by St. Nicholas Fill: "Following the usual custom of the company and its desire to make the unfortunate happy on Christmas Day, we beg to advise you that we shall be pleased to furnish you with your ice cream for Christmas dinner. If you will kindly advise us the number of inmates in your institution, and at what time your Christmas dinner will be served we shall be pleased to donate to you your requirements for this occasion.

Wishing you the compliments of the season, I remain,

"Yours very truly,

"L. H. Fill, Manager."

Among the many institutions the Purity Santa Claus will visit are: Associated Charities, Baptist Home for Aged Women, Beth Abrahah Auxiliary, Children's Home Society, Afro-American Old Folks' Home, City Home and Hospital, Faith Rescue Home for Erring Girls, Foundling Hospital, Franciscan Sisters, Friends' Asylum for Colored Orphans, Hebrew Home for Aged and Infirm, Home for Aged Confederate Women, Ladies' Auxiliary Hebrew Home, Lee Camp Soldiers' Home, Little Sisters of the Poor, Masonic Home of Virginia for Orphans, Protestant Episcopal Church Home, Retreat for the Sick, Richmond Male Orphan Asylum, St. Joseph's Orphan Asylum, St. Paul's Church Home for Girls, Sheltering Arms Hospital, Spring Street Home, Virginia Conference Orphanage, Virginia Home for Incurables, Virginia

Home for Infants and Virginia Hospital.

Wax—Stone. [Special to The Times-Dispatch.] PETERSBURG, Va., December 23.—Miss Lydia Belle Stone, a sister of James A. Stone, mineral land assessor of Virginia, was married to Samuel W. Wax, a prominent Wise County business man, here this afternoon. Dr. John C. Orr, of Sullivan College, officiated. The bridal trip will include various Eastern cities.

Woman Found Dead.

[Special to The Times-Dispatch.] BUENA VISTA, Va., December 23.—Mrs. Louise Meriwether, Dickinson, daughter of the oldest physician in Buena Vista, was found dead to-day at noon in bed in her room. She was fully dressed and was holding a revolver in her hand.

Now Is the Time to Make Your Fruit Cake

New Cleaned Currants, 1-lb. pkg. .....15c  
New Seeded Raisins, 1-lb. pkg. ....10c  
New Citron, 1-lb. ....15c  
New Shelled Almonds, 1-lb. ....45c  
New Lemon or Orange Peel, 1-lb. ....15c

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1820-1822 East Main Street,  
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Flowers For Xmas!

Flower Show of Plants in Bloom Now On

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Are You Giving Your Best, to Your Work?

Can you do your best if your mind is dulled by auto-intoxication?

Is it any wonder that you get "too tired to think" if all the while your blood is bathing every nerve, every brain cell, every muscle fibre with the fermented poisons and wastes of constipation?

The only way to keep your body rid of decaying waste matter permanently is by bringing about natural, regular action of the intestines.

Laxatives, purges, and cathartics bring temporary relief—but they bring also an inevitable reaction which leaves the machinery of evacuation weaker and more dependent upon the repetition of the stimulation.

Nujol, a tasteless, colorless and odorless mineral oil, is the natural treatment for constipation. It acts by lubricating, not irritating.

Physicians everywhere are discarding the use of violent purges in favor of the mineral oil treatment which has the endorsement of the highest medical authorities.

Write for booklet, "The Rational Treatment of Constipation." If your druggist doesn't keep Nujol, we will send a pint bottle prepaid to any point in the United States on receipt of 75c., money order or stamps.

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Approved by:  
Harvey W. Wiley, Director Food, Sanitation and Health.